

New Haven Assisted Living & Memory Care- Kyle

New Haven Assisted Living & Memory Care * 107 Creekside Trail, Kyle, Texas * (512) 201-2868



Celebrating August Birthdays!



Ms. Louise Poppe
August 23rd

Ms. Shirley Smith
August 28th

Celebrating August Anniversaries!

The Manning's 70th Wedding Anniversary!



Mr. & Mrs. Manning
August 14th

We're kicking off August with...

American Adventures Month – American Adventures Month celebrates vacationing in North, Central, and South America. Please share any travel photos you might have with you and your loved ones so we can share them during one of our Reminiscing & Snacks Social. **These socials take place August 3rd, 17th and 31st.**

August 2nd: National Coloring Book Day – Coloring helps you focus and stay mindful, relieves stress and anxiety, enhances problem-solving and organizational skills, helps your fine-motor skills and vision and helps you rediscover with the creativity of childhood. In honor of National Coloring Book Day, New Haven Kyle will be working on a special project this month of putting together coloring books for local children's hospitals.

August 9th: Boop-Oop-A-Doop" Day – It's Betty Boop's birthday. She debuted in Max Fleisher's animated cartoon *Dizzy Dishes* on this day in 1930. Stop in to see old Betty Boop cartoons playing throughout the day in our living room!

August 15th: National Relaxation Day – Celebrated annually on August 15. One way to relax is to use your imagination and let it take you away from the pressures of the day. On this day we will put giving complimentary hand massages with soothing essential oils to shake all the stress away and ensure our residents have a relaxing day!

August 23rd: Sponge Cake Day– This delicious treat that's made of flour, sugar and eggs will be served, shared and celebrated during our lunch service! Yum!

August 29th: Happy Birthday, Mary Poppins – Mary Poppins, the award-winning movie, premiered in New York City on this day in 1964. Join us today and watch this classic movie and afterwards we'll see who can spell "supercalifragilisticexpialidocious"!

Clowning Around



Thanks to the Clown Club of America, August 1–7 has been celebrated as International Clown Week since 1970, but the history of clowns goes back, in one form or another, to the beginnings of human

civilization. The Egyptian pharaohs were entertained by Pygmy clowns as early as 2500 BC. In ancient China, the emperor's court jester used humor to prevent the emperor from forcing thousands of slaves to paint the Great Wall of China white. Ancient Rome had a fool character called a *stupidus*, and jesters were known to attend funerals. Medieval court jesters were the only people allowed to criticize the king. Even the Hopi tribe of the American Southwest employed mischievous clownlike characters to interrupt the most solemn rituals in an attempt to create sympathetic magic. America's precious Uncle Sam, with his star-spangled top hat and suit, long beard, and big feet, originated as a clown campaigning for presidential hopeful Zachary Taylor in 1848. Despite the clown's aura of good-natured fun, the modern clown has always been tinged with a hint of darkness.

Modern clowns are universally recognized by their painted white faces, red noses, and silly clothes. Most historians credit the invention of the modern clown to the British pantomime star known as Grimaldi at the turn of the 19th century. He created an alter ego named Joey who dressed in red and white and entertained people at night, but throughout the day his life was tragic. He was lonely, his wife had died, his son suffered from alcoholism, and his physical antics left him in pain. From Joey came both the comedic and tragic clowns. The clown figure has always embodied two sides of the same coin—joy and sadness. And sometimes, as is the case of Mr. Punch from the old Italian Punch and Judy shows, clowns may even have a savage side. Perhaps what makes clowns so intriguing is that they are a mirror of our society, showing the good, bad, and ugly in all its drama.

Make Me a Match

The last day in August, Matchmaker Day, honors those who have mastered the art and science of finding love. While matchmaking is considered a long-lost tradition, marriages arranged by matchmakers are still common in India, Pakistan, China, and Japan. About 60% of all marriages in India are arranged, and out of these, less than 4% get divorced. And in these arranged marriages, as times goes on, spouses report feeling more love for their partners. Compare that to the 40% divorce rate in the United States, and you might want to rethink the role of matchmakers. Their job has become more of a science, gathering data on potential couples that includes financial and health histories, shared values, and key personality traits. Modern matchmakers are more likely to sit in front of a computer analyzing data than they are to be found in the village square gathering the latest gossip.

Are You Waffling?



On August 24, 1869, Cornelius Swartwout was awarded a patent for inventing a new, improved waffle iron. The first waffle irons date back to the 15th century in Holland, where waffles were baked on the hearth in long-handled irons. Instead of the recognizable grid of deep wells, waffles were patterned with coats of arms, religious icons, or landscapes. These irons were direct descendants of medieval irons, used to bake religious communion wafers. Swartwout is credited with developing a new version of a waffle iron to be used on a wood- or gas-burning stove. In his design, two cast-iron plates were attached in such a manner that they could be rotated and flipped within a banded collar, allowing both sides of the waffle to cook on the stove top. Irons came in a variety of sizes with the tell-tale grid of wells on each side. Why do waffles today have that gridded and pocketed pattern? Some say that it's to cook a light, crisp waffle, while others argue that the pockets were created to hold rich maple syrup.

Monthly Activities...

Bible Study

--Bible study takes place every Wednesday starting at 9:30am with Kinney.--

**This month Bible Study will take place on Tuesdays at 9:30am with Connie Nicholson.*

--Join us every Sunday for Worshop with Jim & Lori starting at 10:30am.--

Outings

--August 2nd: Lunch outing to Applebee's--

--August 17th: Lunch outing to Luby's--

--August 21st: Trip to Walmart--

--August 30th: Visit La Ola Pop Shop for Icecream!--

Keeping it Social!

Every month we gather together for delicious treats and companionship and discuss topics that range from local news to reminiscing about our pasts.

--August 1st: Ice Cream Social--

--August 3rd: Reminiscing & Snacks Social--

--August 17th: Reminiscing & Snacks Social--

--August 24th: Happy Hour Social--

--August 31st: Reminiscing & Snacks Social--

This Month Look Out For...



On **August 15th** and **August 29th** we are pairing up with the Kyle Public Library to connect your loved ones with their loved ones!

Please look out for an email from Courtney with instructions on how to download Skype to your computer, phone or tablet so we can connect your loved ones with their friends and family that they may not get to see too often.

Courtney will call to follow-up prior to each date to ensure all relatives are set up properly. Here at New Haven we want everyone to feel loved and know that they have loved ones there to chat when they need them!

We are excited to get this program started and look forward to connecting with you all!

A Dream Improvised



On August 28, 1963, civil rights leader Martin Luther King Jr. delivered his famous "I Have a Dream" speech at the foot of the Lincoln Memorial before a crowd of 250,000 people during the March on Washington for Jobs and Freedom. King's speech may be the most famous in American history, but he did not even write it until he arrived at his hotel room the night before. Indeed, he finished his final draft after midnight on the day it was to be delivered. In his speech, King synthesized themes from both the Bible and the U.S. Constitution, but he broke from his written remarks to ad-lib the "I have a dream" section that is so well-known today. It was gospel singer Mahalia Jackson, standing just behind King, who said, "Tell 'em about the 'dream,' Martin."

Mounting a Challenge



Everest. K2. Kilimanjaro. Why are humans so driven to climb to the highest places on Earth? When mountain climber George Mallory was asked why he dared to climb Mount Everest, he replied, "Because it's there." His answer seemed both childish and heroic, a mixture of folly and fearlessness. Have you ever climbed a mountain? Consider why you did it on August 1, Mountain Climbing Day.

Mallory was one of the first to climb Mount Everest, the highest mountain peak on Earth. Today, more than 600 people every year complete that feat. Similarly, over 50,000 people climb yearly to the top of Mount Kilimanjaro in Kenya to see its famous snows. Obviously, these climbers are not trying to win any accolades for being the first to reach the summit. So if the challenge has been done so many times before, why do people still want to climb? The answer is that the challenge is not necessarily the mountain; climbers climb to challenge themselves. In this sense, the mountain is an innocent bystander.

Serious mountain climbing provides many life lessons. In order to succeed, climbers must have careful planning, teamwork, discipline, athleticism, risk management, and the ability to improvise in a split second. Survival is paramount when you are moving in some of the world's harshest conditions. Many times, people who climb together forge lifelong bonds born out of the cooperation necessary in order to survive.

And then there is the outdoor aspect of a climb. Climbs may be physically and mentally demanding, but they occur in some of the most beautiful natural places on our planet. For many climbers, an ascent is akin to meditation. Climbers are alone on a mountain, intensely aware of their environment in a manner that is transcendent. Mountain climbing allows one to escape civilization and focus only on the essentials of survival. This, for many, is reason alone to climb.

Live Performances By...



Queenie & Turner!

August 2nd @ 3pm
August 16th @ 3pm

Ed & Beverly!

August 8th @ 2:30pm
August 22nd @ 2:30pm

Bring in the Clowns Word Search

G	S	T	U	N	T	S	N	L	N
A	H	A	P	P	Y	H	F	E	O
G	O	U	U	R	K	E	H	M	S
S	E	C	O	M	I	C	W	I	E
Z	S	O	Z	A	K	I	R	M	Z
X	L	S	T	K	N	G	A	E	I
D	C	T	R	E	O	W	M	M	X
S	K	U	P	U	W	H	B	X	I
Z	D	M	U	P	Q	B	Q	A	K
Z	P	E	R	F	O	R	M	E	R



Comic	Makeup
Costume	Mime
Gags	Nose
Happy	Performer
Shoes	Stunts