

April 2019

# New Haven Assisted Living & Memory Care

New Haven Assisted Living & Memory Care \* 107 Creekside Trail, Kyle, Texas \* (512) 201-2868



## Celebrating April

**April Fool's Day**

*April 1*

**Easter**

*April 21*

**Earth Day**

*April 22*

**Arbor Day**

*April 26*

## Celebrating April Birthdays!



**Alma Terhar**

*April 3<sup>rd</sup>*

**Bill Hemp**

*April 24<sup>th</sup>*

## April Showers Bring May Flowers



**April 3<sup>rd</sup>: National Walking Day** is celebrated on the first Wednesday in April. We are celebrating the day by starting a walking club called "Walk N Roll" where we'll encourage all residents whether you're walking on two feet or rolling in your wheel chair to get moving! To help get our groove we'll be listening to our favorite rock n roll tunes!

**April 10<sup>th</sup>: National Siblings Day**- This holiday to honor all brothers and sisters is celebrated annually on April 10. It is a great day for families to connect! Please help us by submitting pictures of your loved ones with their brothers or sisters so we can display at New Haven!

**April 18<sup>th</sup>: New Haven Easter Lunch!** Join us with your families for our first Easter Luncheon! We'll have a delicious lunch as well as great Easter fun! We hope to see you there! **\*Event reserved for New Haven Families & Residents only.**

## April 21<sup>st</sup>: **Happy Easter!**

**April 22<sup>nd</sup>: Earth Day**- Today we are going to take the time to appreciate Mother Earth by spending some quality time outside as well as by making delicious Dirt Worm Cups!

**April 26<sup>th</sup>: Arbor Day**- We are going to celebrate all things trees on this special day by having a TREE-mendous happy hour! Join us in learning the importance of trees while enjoying yummy snacks & beverages!

## Wet Monday

The Irish have St. Patrick's Day. Mexicans have Cinco de Mayo. Even the Italians have Columbus Day. For those of Polish descent, there is Dyngus Day, always celebrated the Monday after Easter.



Dyngus Day is a celebration tied to the end of the Lenten season, but like many modern religious holidays, it has pagan origins. Just as Easter is filled with symbolism of rebirth, so, too, is Dyngus Day. In fact, one of the major rituals of Dyngus Day is for boys to splash water on girls. Nowadays, this is most often achieved with squirt guns, but in the past, this was done with buckets of water. For this reason, Dyngus Day is also known as Wet Monday or even Water Plunge Monday.

There are two explanations behind this wet tradition. The first harkens back many centuries to the pagan ritual of watering the Corn Mother, which was a doll woven of corn and was meant to be an icon of the goddess of fertility. Watering the Corn Mother every spring ensured a bountiful growing season. The second explanation is also a story of rebirth but not of crops. The ritual splashing of water began with the baptism of Prince Mieszko I on Easter Monday in the year 966 AD. The baptism of the prince signified the acceptance of Catholicism as the national religion of Poland. In these two ways, Dyngus Day is both a celebration of Catholicism and an homage to pagan fertility rituals. During a Dyngus Day celebration, boys often only drench those girls that they are sweet on. In many ways, Dyngus Day is a flirting festival, where young men publicly identify the women they would like to court. Young women, too, have their say. They could prevent a soaking by offering painted eggs to boys. These eggs, called *pysanky*, are magical charms said to ensure a good harvest and a large, happy family. Also, on the Tuesday following Easter Monday, women have their chance to soak the boys, or, as an alternative to water, they may throw dishes or crockery. On Dyngus Day, love is in—and sailing through—the air.

## Stay Fit at New Haven!



### *Music & Fitness with Courtney*

AL: Every Monday @ 10:00am

MC: Every Monday @ 11:00am

### *Balloon Volleyball*

AL: Every Thursday @ 10:00am

MC: Every Tuesday @ 1:30pm

### *Exercise with Damien*

April 1<sup>st</sup> @ 1:45pm

April 19<sup>th</sup> @ 1:45pm

## Hula Is Life



From April 21–27, the greatest hula dancers in the world will converge on Hilo, Hawaii, for the annual Merrie Monarch Festival. The festival celebrates the ideals of King Kalakaua, the last King of Hawaii, known as the “Merrie Monarch,” and an ambassador of

Hawaiian culture all around the world. The hula dance, once banned in public, was put on full display at his coronation. Hula dates back to ancient Hawaii. When written language did not exist, history and stories were preserved and passed from generation to generation in song and dance. Every movement—a hand gesture, a swaying hip, a stepping foot—told part of the story. When missionaries arrived, Hawaiian language and music were discouraged; even the hula was banned. The Merrie Monarch changed all that, and today, hula is a quintessential part of Hawaiian culture. Hula festivals abound throughout the year in Hawaii, but the best of the best of hula comes every April in honor of the Merrie Monarch.

## Monthly Activities...

### Bible Study

--Bible study takes place every Wednesday starting at 9:30am with Kinney.

--Join us every Sunday for Worship with Jim & Lori starting at 10:30am.

### Outings

-- **April 2<sup>nd</sup>**: Trip to Walmart --

-- **April 8<sup>th</sup>**: Lunch Outing --

-- **April 15<sup>th</sup>**: Outing to Freddy's Ice Cream! --

-- **April 22<sup>nd</sup>**: Lunch Outing --

### Keeping it Social!

Every month we gather together for delicious treats and companionship. Whether we're completing puzzles, celebrating an event or birthday or just socializing at a party, we know it's better when we're together!

-- **April 3<sup>rd</sup>** : Resident Birthday Party--

-- **April 24<sup>th</sup>**: Resident Birthday Party --

-- **April 26<sup>th</sup>**: A TREE-mendous Happy Hour --

-- **April 30<sup>th</sup>**: Rootbeer Float Social --

*This Month Look Out For...*

## A TREE-MENDOUS HAPPY HOUR



Join us in celebration of Arbor Day during our TREE-mendous Happy Hour!

**April 26<sup>th</sup>, 2019**

## NEW! Walk N Roll Club



We have started a new club this month to encourage exercise & to enjoy some rock N roll! Join us for a walk or roll around New Haven while we listen and learn about our favorite rock music!

## Wild Guesswork



There may be no prize for guessing what holiday falls on April 15, but you'd be right if you guessed Take a Wild Guess Day. It is no fluke that this holiday coincides with Tax Day in the United States. Take a Wild Guess Day inventor Jim Barber wanted to celebrate the random nature of wild guessing in contrast to the exact science of filing taxes. It turns out that this is the perfect day to follow hunches, leap to conclusions, and not listen to reason. You can celebrate by filling a jar with jelly beans and guessing the amount. After all, what's the worst that can happen if you take a wild guess? A wild guess may be better than no guess at all. Jim Barber acted on a hunch that his holiday would be a hit. Guess what? He was right.

## A History of Halley's



The most famous comet in our cosmos must be Halley's Comet, and yet its namesake, astronomer Edmond Halley, never even saw it. This is because it only appears every 76 years. Many should

consider themselves lucky to see it once, or perhaps even twice, in their lifetimes, although seeing it has been known to cause as much concern as awe.

On April 3, 1066, Halley's Comet appeared in the sky over England. The "long-haired star" was presumed to be a bad omen, a sign of doomsday to come. Indeed, later that year, King Harold II of England was killed during the Battle of Hastings by the forces of William the Conqueror. The prophecy seemed fulfilled. This is considered the most famous appearance of Halley's Comet and is even depicted on the Bayeux Tapestry, a tapestry detailing the Norman conquest of England. The comet streaks overhead while King Harold II and some Englishmen fearfully watch it pass.

Halley's Comet has made several appearances throughout human history, and the Battle of Hastings was not the only time it incited a world-changing invasion. In the year 1222, Mongol ruler Ghengis Khan believed that Halley's Comet was his own personal star. Seeing its westward arc across the sky led him to sweep westward from Mongolia and invade southeastern Europe.

Not all stories of Halley's Comet end in bloodshed. Some historians believe that the biblical Star of Bethlehem, followed by the Wise Men in the birth story of Jesus, was not a star at all but Halley's Comet. The comet did make an appearance in the year 12 BC, after all. The comet's appearance in 1301 also inspired artist Giotto di Bondone's painting of the birth of Jesus. Halley's Comet is clearly seen flying through the sky over Jesus' manger in the depiction of the nativity. Halley's Comet will not return again until 2061, but we can be sure that its appearance may inspire not just awe but more stories of disaster. After all, the word *disaster* comes from the Latin *dis-astra*, meaning "against the stars."

## Live Performances By...



*Queenie & Turner!*

April 4<sup>th</sup> @ 3:00pm  
April 18<sup>th</sup> @ 3:00pm

*Arland- The Riverboat  
Piano Player!*

April 16<sup>th</sup> @ 1:45pm

*Ed & Beverly!*

April 10<sup>th</sup> @ 2:30pm  
April 24<sup>th</sup> @ 2:30pm

## Searching for April Word Search



April	Baseball	Taxes
Daisy	Easter	Fourth
Taurus	Showers	Aries