

October 2019

New Haven

Assisted Living & Memory Care

New Haven Assisted Living & Memory Care * 107 Creekside Trail, Kyle, Texas * (512) 201-2868



Celebrating October!

Bat Appreciation Month

**Italian-American Heritage
Month**

Positive Attitude Month

Be Bald and Free Day
October 14

International Artists Day
October 25

All Hallows Eve
October 31

October Birthdays!

Ruth James
October 2nd

Violet Neff
October 15th

*"And all at once, summer
collapsed into fall."*

- Oscar Wilde



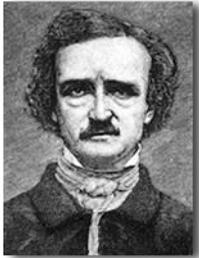
October 8th - Oktoberfest: To celebrate the month, we're going to bust out a few different brews and have a beer tasting! Complete with fun music and munchies, it's sure to be a great time!

October 12th - Tea Party: To jazz up a Saturday, Evangelina from a local church group is coming by to host her monthly tea party! Join us for a spot of tea and a cookie or two while we chat!

October 24th - Pumpkin Painting: Our family event this month is a pumpkin painting party, let's get spooky! The individual with the best decorated pumpkin wins a prize! Light snacks and craft supplies will be provided!

Mysterious in Life and Death

The writer Edgar Allan Poe's most famous works were dark and horrifying, macabre and mysterious. Perhaps it is fitting that Poe's death on October 7, 1849, is as mysterious and strange as the stories he wrote throughout his life.



It was October 3, 1849, election day, when an employee of the *Baltimore Sun* newspaper named Joseph W. Walker discovered a man lying in the gutter outside of his polling station. It was Edgar Allan Poe, but the writer was so delirious that

he was unable to move or communicate. Many questions still lingered when Poe died just four days later. The night before his death, still in an incoherent state, Poe repeatedly shouted out the name "Reynolds." Who was Reynolds? Why was Poe discovered wearing another man's clothes? And most importantly, what had befallen Poe to leave him in such a state? There are countless theories about his cause of death, including suicide, murder, cholera, tuberculosis, alcoholism, carbon monoxide poisoning, a brain tumor, the flu, and even rabies. Others claim that since Poe was discovered delirious on election day, he was the victim of cooping. This is when a person is drugged against their will and forced to vote for a candidate. Sadly, definitive evidence does not exist to prove any of these theories. To this day, no one really knows how Poe died.

There is yet another twist in the mystery of Poe's death. Every year from 1949 to 2009, on the anniversary of Poe's birth, an unknown person visited Poe's grave. For 60 years they laid three roses on Poe's gravestone and left a bottle of cognac. The person donned black clothes and a large fedora, carried a cane, and covered their head in a white scarf. Sometimes the "Poe Toaster," as they were known, kissed Poe's gravestone or left a note that read, "Edgar, I haven't forgotten you." The disappearance of the Poe Toaster left yet another mystery to be solved, a fitting tribute for such a renowned master of the mysterious.

Stay Fit at New Haven!



Music & Fitness with Savannah

AL: Tuesdays @ 10:30am

Gentle Yoga with Savannah

AL: Wednesdays @ 10:30am

MC: Wednesdays @ 11:15am

Balloon Volleyball

MC: Tuesdays @ 11:15am

Exercise with Damien

October 4th @ 1:45pm

October 18th @ 1:45pm

Left, Right, and Center



Logical people are left-brained, and creative people are right-brained, or so goes the persistent myth, a myth so popular that October had been declared Right Brainers Rule! Month. The idea that

the brain has two different hemispheres and that people lean more favorably to one side than the other was largely perpetuated by research conducted in the 1960s. Those suffering from severe epilepsy had the bridge of nerves that connects both sides cut, and doctors showed that each side could act independently of the other. Of course, most of us have our bridges left intact, allowing both sides of our brain to operate together and function in integrated and coordinated

Monthly Activities...

Bible Study

Bible study takes place every Wednesday starting at 9:30am with Kinney.

Join us every Sunday for Worship with Jim & Lori starting at 10:30am.

Outings

October 10th: Walmart Outing

October 14th: Lunch Outing

October 21st: Thrift Store Outing

October 28th: Lunch Outing

Keeping it Social!

Every month we gather together for delicious treats and companionship and discuss topics that range from local news to reminiscing about our pasts.

October 8th: Oktoberfest

October 12th: Tea Party

October 16th: Karaoke!

October 24th: Family Pumpkin Painting

October 30th: Community Trick or Treat

October 31st: Costume Contest

This Month Look Out For...

Oktoberfest!



October 8th, 2019

We're bringing the brewery to New Haven! Join us for a flight as we celebrate Oktoberfest!

Costume Contest!



October 31st, 2019

Dress up and join us for a fun costume contest! Silly, scary, or just super cute!

A Howling Good Time



Falling just a few days before Halloween, October 26 is Howl at the Moon Night. To hear a pack of wolves howling at the moon might make your hair stand on end, but there is really no scientific evidence to show that wolves do howl

specifically at the moon. The truth is that wolves howl for a variety of reasons, none of which have to do with the moon. Some howl when they are lonesome. Some howl in confrontation. Others howl to share their location or to warn of danger. The howling of a pack is done to exaggerate their numbers to rivals. Interestingly, wolves have been associated with the moon since ancient times. So, too, have werewolves, that gruesome transformation of people into wolves. Luckily, werewolves are also just a myth.

The Gift of Liberty

On October 28, 1886, France gave the United States a gift to commemorate the nation's first 100 years as a democracy and the alliance between France and the United States that had won America its independence during the Revolutionary War. That gift was a massive statue entitled *Liberty Enlightening the World*, but it is better known worldwide as the *Statue of Liberty*.



Such a gift was the idea of Edouard de Laboulaye, a French intellectual and political theorist. It was 1865, U.S. President Abraham Lincoln had just been assassinated, and France itself was politically divided between those who supported the monarchy and those who craved liberty. Laboulaye hoped that such a gift would not only honor the late President Lincoln, but also spark a desire for freedom and democracy in France. Laboulaye sought the help of the French artist and sculptor Frederic Bartholdi, who shared the same political visions.

Inspiration for *Lady Liberty* first struck Bartholdi while traveling in Egypt to see the construction of the Suez Canal. At the canal's entrance, he envisioned an enormous lighthouse in the shape of a robed peasant carrying a torch. He even suggested this idea to Egypt's leaders, but they did not have the money for such a statue. Bartholdi re-envisioned such a beacon of light and hope for the United States. On the day of its commemoration, a million people lined the streets of New York City for a parade, where traders first threw ticker tape from the windows of the New York Stock Exchange.

The Statue of Liberty originally acted as a lighthouse for New York Harbor until 1902, and it even housed a lighthouse keeper. But it is best known as a beacon of freedom for the millions of immigrants entering America after their trans-Atlantic crossing. Her inscription boasts a monumental welcome: "Give me your tired, your poor, your huddled masses yearning to be free."

Live Performances By...



Queenie & Turner!

October 3th @ 3:00pm

Arland- The Riverboat

Piano Player!

October 15th @ 1:45pm

Tony on Guitar!

October 17th @ 3:30pm

Ed & Beverly!

October 9th @ 2:30pm

October 23rd @ 2:30pm

Giants Among Us



On October 2, 1969, President Lyndon Johnson signed a bill creating Redwoods National Park in California. While it is estimated that over two million acres of old growth redwoods once existed along California's coast, today 133,000 acres of those remaining forests are protected as national and state parks. The coastal living conditions for these trees are perfect, and they get much of their water from the thick fog that rolls in off the coast. These trees are the tallest on Earth, and as such are the world's tallest living things. Take the redwood known as "Hyperion." Standing at 379 feet tall, it is the tallest known tree in the world. The tree is hidden deep within a rugged and inaccessible section of Redwood National Park and is considered so valuable that its location has not been disclosed so as to discourage visitors and vandals alike.