



NEWHAVEN

Assisted Living & Memory Care

New Haven Assisted Living and Memory Care – 107 Creekside Trail Kyle, TX 78640



Welcome, Spring!

We had so much fun painting pots and planting seeds in our beautifully painted masterpieces. After a couple of weeks, we got to see the fruits of our labor beginning to pop up! Though the quarantine has been rough, we are grateful for the opportunity to enjoy the beauty and gifts that spring has to offer.

Celebrating April

Arab American Heritage Month

Poetry Month

Jazz Appreciation Month

Passover Begins

April 8

Easter

April 12

Gardening Day

April 14

Bulldogs Are Beautiful Day

April 21

Earth Day

April 22

Arbor Day

April 24

International Dance Day

April 29



Gu-ree shows off her artwork and Betty fills her pot with soil.



Betsy was thrilled to see her radishes peeking through the soil!

Aromatherapy

Aromatherapy is a powerful tool that is utilized in many ways throughout the world. This practice has grown very popular over the last few years. Here at New Haven, we use essential oils and warm water to moisten washcloths before lunch and dinner. At lunch, we use citrus oils for an energizing and uplifting experience. For our dinnertime aromatherapy, we use lavender oil. The combination of the benefit of aromatherapy, the sensory experience of the warmth, and the practice of wiping down hands before our meals makes this an important part of our daily routine.



Social roles and responsibilities are a very important part of the Montessori Method as they create meaning and purpose. Fran is always happy to lend a helping hand and has become involved in preparing, passing out, and washing the aromatherapy washcloths. We are so grateful for her help!

Family Shoutout!



The quarantine has made each of us a bit stir-crazy, but mostly we're just missing our families! Maxine jumped at the opportunity to send her family a message in picture form!

Before Gatsby Was Great



On April 10, 1925, F. Scott Fitzgerald published *The Great Gatsby*. Fitzgerald's tale of love and lavishness during the Roaring Twenties is today hailed as perhaps the greatest American novel, but when it was published, it was deemed mediocre at best. By 1925, F. Scott Fitzgerald was a fading literary star. Even he believed that his best books, *This Side of Paradise* and *The Beautiful and Damned*, were behind him. The initial reviews of *The Great Gatsby* weren't flattering. It was called "unimportant" and "painfully forced," and sold just 21,000 copies. When Fitzgerald died in 1940, he believed the book to be a failure. A year after his death, though, the book took off, and by 1945 it was considered one of Fitzgerald's most successful works.

Individual Activities



Maxine cruises through books and decided to create a few new bookmarks! She is quite the artist.



Ima loves to watch the birds outside of her window. She has been making sure her feeder is full to keep her visitors around!

Family Shoutout!



Karen took the opportunity of writing a message to her family to wish them a happy spring! We are lucky and grateful to have such phenomenal and involved families.

The Flying Debutante



Ruth Rowland Nichols was a pioneer of aviation during the 1920s and '30s, setting world records for speed, altitude, and distance. She received her pilot's license in 1924 after graduating from Wellesley College, becoming the first woman to receive such a license in the state of New York. It was on April 13, 1931, that Nichols established perhaps her most daring record of all. Flying a state-of-the-art 1928 Lockheed Model 5 Vega Special at a three-kilometer course in Carlton, Minnesota, she recorded a speed of 210.64 mph, a new world record. For her prowess in the cockpit, Nichols was dubbed "The Flying Debutante." Her Lockheed Vega is on display today at the Smithsonian's Air and Space Museum.

Baking Club

We spent an afternoon in early March baking cookies and drinking coffee. We couldn't think of a better way to spend the afternoon!



Lee had a blast stirring the dry ingredients, cracking eggs, and enjoying the finished product! He even helped to clean up the mess. We sure do love having his helpful spirit here with us.



Fran loved her coffee and snickerdoodle!

April Birthdays



Happiest of Birthdays to our residents celebrating another year older, another year wiser this month! We are excited to celebrate with each of you.

Alma – April 3rd

Margorie – April 9th

Gu-Rer – April 12th

Bill – April 24th

Social Media and Connection

If you don't already follow us on Facebook, please do. Invite your friends and family to see what's going on in our Community and with your loved one here at New Haven!

In addition to Facebook, we are up and running with the Family Connect app. If you need help setting up the app and logging in, please reach out to us!

Lastly, if you are interested in setting up video chats with your family member, reach out to Life Enrichment Director, Catie to set up a time.

We thank you for sharing your loved ones with us. It is an honor and privilege to get to know and care for each of them.