

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

- *Green- Group Activity
- * Purple- Essential Connection
- * Red- Purposefully Engaged

*All events are subject to change

<p>Breakfast 4 Morning Steps Daily Chronicle Rosary Lunch Movie</p> <p>Independence Day (US)</p>	<p>Breakfast 5 Stretching Daily Chronicle Lunch Checkers Hand Massages/ Aroma Therapy</p>	<p>Breakfast 6 Sit & Fit Daily Chronicle Lunch Enjoy Classical Music Puzzle</p>	<p>Breakfast 7 Morning Steps Daily Chronicle Lunch Resident Bingo Massages</p>	<p>Breakfast 8 Stretching Daily Chronicle Lunch Hand Massages/ Aroma Therapy Puzzle</p> <p>Canada Day</p>	<p>Breakfast 9 Sit & Fit Daily Chronicle Lunch Water Plants Enjoy outside time</p>	<p>Breakfast 10 Morning Walk Daily Chronicle Lunch Western Movies</p>
<p>Breakfast 11 Morning Steps Daily Chronicle Rosary Lunch Movie</p>	<p>Breakfast 12 Stretching Daily Chronicle Lunch Checkers Hand Massages/ Aroma Therapy</p>	<p>Breakfast 13 Sit & Fit Daily Chronicle Lunch Puzzle Massages</p>	<p>Breakfast 14 Morning Steps Daily Chronicle Lunch Enjoy Classical Music Coloring</p>	<p>Breakfast 15 Stretching Daily Chronicle Lunch Hand Massages/ Aroma Therapy Puzzle</p>	<p>Breakfast 16 Sit & Fit Daily Chronicle Lunch Water Plants Enjoy outside time</p>	<p>Breakfast 17 Morning Walk Daily Chronicle Lunch Western Movies</p>
<p>Breakfast 18 Morning Steps Daily Chronicle Rosary Lunch Movie</p>	<p>Breakfast 19 Stretching Daily Chronicle Lunch Checkers Hand Massages/ Aroma Therapy</p>	<p>Breakfast 20 Sit & Fit Daily Chronicle Lunch Enjoy Classical Music Coloring</p>	<p>Breakfast 21 Morning Steps Daily Chronicle Lunch Puzzle Massages</p>	<p>Breakfast 22 Stretching Daily Chronicle Lunch Hand Massages/ Aroma Therapy Puzzle</p>	<p>Breakfast 23 Sit & Fit Daily Chronicle Lunch Water Plants Enjoy outside time</p>	<p>Breakfast 24 Morning Walk Daily Chronicle Lunch Western Movies</p>
<p>Breakfast 25 Morning Steps Daily Chronicle Rosary Lunch Movie</p>	<p>Breakfast 26 Stretching Daily Chronicle Lunch Checkers Hand Massages/ Aroma Therapy</p>	<p>Breakfast 27 Sit & Fit Daily Chronicle Lunch Puzzle Massages</p>	<p>Breakfast 28 Morning Steps Daily Chronicle Lunch Resident Bingo Enjoy Classical Music</p>	<p>Breakfast 29 Stretching Daily Chronicle Lunch Hand Massages/ Aroma Therapy Puzzle</p>	<p>Breakfast 30 Sit & Fit Daily Chronicle Lunch Water Plants Enjoy outside time</p>	<p>Breakfast 31 Morning Walk Daily Chronicle Lunch Western Movies</p>